

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Team Rankings - Through Event 36

Male Team Scores

612-673-
4447

Place	School		Points
1	Andover	ANDO	1,083.50
2	Anoka	ANOK	913
3	Coon Rapids	CORA	811.50
4	Osseo	OSSE	803
5	Champlin Park	CHPA	780
6	Maple Grove	MAGR	732.50
7	St. Michael-Albertville	STMA	662
8	Park Center	PACE	609.50
9	Elk River*	C146	485.50
10	St. Francis	STFR	458.50
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Total			7,339.00

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 100 Meter Dash Class AAA

Name	Year School	Seed	Finals	Wind	H#	Points
Finals						
1 Brownell, Tendeh	12 Osseo		11.24	NWI	4	30
2 Fort-Baker, Kiemonte	10 Coon Rapids		11.37	NWI	4	29
3 Obilade, Oludayo	12 Champlin Park		11.39	NWI	3	28
4 Allen, Heath Jared	12 Anoka		11.40	NWI	4	27
5 Bobaric, Alen	12 Andover		11.44	NWI	4	26
6 Blix, John	11 Maple Grove		11.47	NWI	4	25
7 Elsnes, Jack	11 Champlin Park		11.61	NWI	2	24
8 Jackson, Dominique	12 Anoka		11.62	NWI	3	22.50
8 Youngquist, Thomas	12 Champlin Park		11.62	NWI	1	22.50
10 Beeskow, Brad	11 Andover		11.63	NWI	3	21
11 Herber, Kory	12 Andover		11.69	NWI	1	20
12 Berger, Taylor	11 Elk River*		11.79	NWI	3	19
13 Bonsu, Osei	11 St Michael-Alber		11.80	NWI	4	18
14 Lewer, Zachary	11 Coon Rapids		11.82	NWI	3	17
15 Givens, Quinten	11 Park Center		11.84	NWI	4	16
16 Conner, Sam	10 Osseo		11.86	NWI	3	15
17 Giple, Theo	12 St Michael-Alber		11.95	NWI	2	14
18 Guar, Trokon	11 Coon Rapids		12.05	NWI	1	13
19 Amoah, Kwaku	11 St Michael-Alber		12.12	NWI	1	12
20 Whelan, Chris	11 Maple Grove		12.15	NWI	1	11
21 Norris, Ernest	12 Park Center		12.19	NWI	3	10
22 Roberts, Casey	12 Maple Grove		12.22	NWI	2	9
23 Newton, Chase	12 Osseo		12.25	NWI	2	8
24 Schuldt, Ben	12 Anoka		12.32	NWI	1	7
25 Perkins, Jon	11 St. Francis		12.40	NWI	4	6
26 Olson, Evan	10 Elk River*		12.48	NWI	2	5
27 Trueman, Patrick	11 St. Francis		12.58	NWI	2	4
28 Holbrook, Zachary	10 Elk River*		12.59	NWI	1	3
29 Musa, Mubarik	9 Park Center		12.62	NWI	2	2
30 Allen, Kyle	11 St. Francis		12.76	NWI	1	1

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 200 Meter Dash Class AAA

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Allen, Heath Jared	12	Anoka		22.85	NWI	4	30
2 Hoeschen, Aric	12	St Michael-Alber		23.08	NWI	4	29
3 Obilade, Oludayo	12	Champlin Park		23.19	NWI	1	28
4 Youngquist, Thomas	12	Champlin Park		23.21	NWI	4	27
5 Berger, Taylor	11	Elk River*		23.25	NWI	4	26
6 Beeskow, Brad	11	Andover		23.28	NWI	2	25
7 Bobaric, Alen	12	Andover		23.29	NWI	3	24
8 Blix, John	11	Maple Grove		23.31	NWI	4	23
9 Jackson, Dominique	12	Anoka		23.42	NWI	3	22
10 Herber, Kory	12	Andover		23.46	NWI	1	21
11 Elsnes, Jack	11	Champlin Park		23.71	NWI	2	20
12 Cotter, Pat	11	Anoka		23.76	NWI	1	19
13 Gbablea, Darkha	10	Osseo		23.92	NWI	3	18
14 Fort-Baker, Kiemonte	10	Coon Rapids		23.94	NWI	3	17
15 Giple, Theo	12	St Michael-Alber		23.99	NWI	3	16
16 Ondrey, Gabe	12	St. Francis		24.05	NWI	4	15
17 Whelan, Chris	11	Maple Grove		24.08	NWI	2	14
18 Ellena, Carter	11	Coon Rapids		24.11	NWI	2	13
19 Shaw, Jaunte	12	Park Center		24.26	NWI	3	12
20 Carpenter, Joe	10	St Michael-Alber		24.29	NWI	1	11
21 Dillion, Darrius	10	Osseo		24.30	NWI	1	10
22 Dixon, Emmanuel	10	Maple Grove		24.66	NWI	1	9
23 Hintze, Michael	10	Park Center		24.71	NWI	2	8
24 Yang, Vong	11	St. Francis		24.78	NWI	2	7
25 Theus, Shaquille	9	Coon Rapids		24.82	NWI	1	6
26 Olson, Evan	10	Elk River*		25.39	NWI	3	5
27 Quiram, Charles	10	Elk River*		25.68	NWI	2	4
28 Draxten, Dylan	10	St. Francis		25.89	NWI	1	3
29 Saidu, David	12	Park Center		26.55	NWI	4	2

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 400 Meter Dash Class AAA

Name	Year	School	Seed	Finals	H#	Points
1 Hoeschen, Aric	12	St Michael-Alber		49.35	4	30
2 Allen, Heath Jared	12	Anoka		50.49	3	29
3 Youngquist, Thomas	12	Champlin Park		51.42	3	28
4 Cotter, Pat	11	Anoka		51.94	2	27
5 Bangen, Andrew	11	Coon Rapids		51.95	4	26
6 Olsen, Elliot	11	St. Francis		52.05	4	25
7 Obilade, Oludayo	12	Champlin Park		52.19	4	24
8 Davies, Muyiwa	10	Coon Rapids		52.48	2	23
9 Wicker, Peter	11	Maple Grove		52.79	4	22
10 Hedin, Tom	12	Andover		53.09	3	21
11 Dillion, Darrius	10	Osseo		53.19	3	20
12 Norris, Ernest	12	Park Center		53.32	4	19
13 Lindsay, Chris	11	Maple Grove		53.41	2	18
14 Dixon, Emmitt	10	Osseo		53.42	4	17
15 Albright, Mason	10	Andover		53.52	4	16
16 Johnston, Jacob	12	Andover		53.75	1	15
17 McMahon, Keegan	12	Anoka		54.26	1	14
18 Wesley, Michael	11	Coon Rapids		54.29	1	13
19 Fricke, Miles	10	St Michael-Alber		54.45	2	12
20 Wilson, John	12	Osseo		55.15	2	11
21 Tradewell, Jordan	10	St. Francis		55.33	3	10
22 Musa, Mujib	11	Park Center		55.53	3	9
23 Thielen, Ryan	11	Maple Grove		55.99	1	8
24 Kaba, Ibrahim	9	Champlin Park		56.09	1	7
25 Fuchs, Dustin	11	St Michael-Alber		56.56	1	6
26 Bodom, Yaw	11	Park Center		57.85	2	5
27 Draxten, Dylan	10	St. Francis		58.23	1	4
28 Forrest, Garrett	11	Elk River*		58.53	1	3
29 Ricke, Kevin	12	Elk River*		58.75	2	2

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 800 Meter Run Class AAA

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Dullian, Blayne	11	Coon Rapids		1:59.18	3	30
2 Jorgenson, Eric	11	Osseo		2:01.85	3	29
3 Grow, Spencer	10	Anoka		2:02.15	3	28
4 Peplinski, Garet	12	Maple Grove		2:03.45	3	27
5 Gooley, Brian	11	Osseo		2:03.90	1	26
6 Reinholdson, Yonas	11	Andover		2:04.90	1	25
7 Gilkerson, Mark	11	Park Center		2:05.12	3	24
8 Stangl, Charlie	11	Anoka		2:05.14	1	23
9 Arlt, David	12	St Michael-Alber		2:05.36	4	22
10 Sorman, Dylan	11	Coon Rapids		2:06.71	1	21
11 Kildahl, Sean	12	Andover		2:07.51	1	20
12 Maschoff, Jake	12	St Michael-Alber		2:07.84	1	19
13 Vasquez, Chase	11	Andover		2:08.09	4	18
14 Robeck, Nathan	11	St Michael-Alber		2:10.38	1	17
15 Spencer, Mark	12	Park Center		2:11.05	1	16
16 Lehman, Jonathan	12	Coon Rapids		2:11.65	2	15
17 Herrala, Jeff	9	Anoka		2:11.98	2	14
18 Mitchell, Tanner	12	Maple Grove		2:12.00	2	13
19 Burdorf, Ben	9	St. Francis		2:14.22	2	12
20 Raze, Joshua	11	St. Francis		2:15.22	2	11
21 Juda, Phillip	12	Maple Grove		2:16.32	2	10
22 Trapp, Ryan	8	Elk River*		2:17.47	4	9
23 Mosoti, Nathon	12	Osseo		2:19.22	2	8
24 Novak, Dillion	11	Champlin Park		2:19.24	4	7
25 Erdahl, Dallas	10	Elk River*		2:19.59	2	6
26 Counce, Anthony	12	Champlin Park		2:21.59	3	5
27 Ricke, Kevin	12	Elk River*		2:22.12	3	4
28 Stutelberg, Jacob	11	Champlin Park		2:22.42	3	3

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 1600 Meter Run Class AAA

Name	Year	School	Seed	Finals	Points
1 Dullian, Blayne	11	Coon Rapids		4:24.60	30
2 Zutz, Adam	10	St. Francis		4:28.60	29
3 Fenske, Andy	11	Park Center		4:30.30	28
4 Autio, Jake	11	St Michael-Alber		4:31.70	27
5 Johanson, Peter	10	Anoka		4:33.30	26
6 Celis, Renzo	11	Anoka		4:33.90	25
7 Hartmann, Jeff	12	Osseo		4:36.70	24
8 Vasquez, Chase	11	Andover		4:37.30	23
9 Johnson, Alex	10	Maple Grove		4:37.50	22
10 Rodeback, Kyle	11	Champlin Park		4:37.90	21
11 Nielsen, Dan	10	Andover		4:40.60	20
12 Mason, Jake	11	Osseo		4:44.10	19
13 Stevens, Tyler	11	Elk River*		4:46.00	18
14 Kast, Andy	10	Andover		4:47.40	17
15 Hartmann, Brad	10	Osseo		4:51.30	16
16 Mehrhof, Clavin	9	Coon Rapids		4:51.50	15
17 Robeck, Nathan	11	St Michael-Alber		4:51.80	14
18 Iverson, Luke	10	Maple Grove		4:52.30	13
19 Salem, Sam	10	Maple Grove		4:52.60	12
20 Pearson, Travis	11	Anoka		4:53.80	11
21 Trapp, Ryan	8	Elk River*		4:54.30	10
22 Coughlin, Daniel	11	Coon Rapids		5:00.80	9
23 Kelly, Joe	10	Park Center		5:06.10	8
24 Blonigen, Vince	10	St. Francis		5:09.20	7
25 Ricke, Kevin	12	Elk River*		5:10.90	6
26 Oleson, Christopher	12	Champlin Park		5:11.50	5
27 Thunberg, Kirk	11	St. Francis		5:14.90	4
28 Novak, Dillion	11	Champlin Park		5:16.40	3
29 O'Neil, Grant	10	St Michael-Alber		5:20.30	2
30 Crockett, Jacob	9	Park Center		5:47.70	1

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 110 Meter Hurdles Class AAA

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Boye-Weah, Snonsio	12	Park Center		15.12	NWI	3	30
2 Barett, Derek	12	Andover		15.95	NWI	4	29
3 Budish, Dave	12	Andover		15.98	NWI	2	28
4 Maloney, Ryan	12	Elk River*		16.01	NWI	4	27
5 Rice, Mark	11	Maple Grove		16.02	NWI	3	26
6 Zachmann, Evan	12	St Michael-Alber		16.38	NWI	4	25
7 Djerf, Nick	12	Osseo		16.39	NWI	4	24
8 Knoop, Jacob	12	Anoka		16.41	NWI	4	23
9 Hansen, Zachary	12	Coon Rapids		16.65	NWI	4	22
10 Probert, Michael	11	Andover		16.92	NWI	1	21
11 Peterson, Tim	10	Elk River*		16.95	NWI	1	20
12 Myren, Lance	12	Anoka		16.96	NWI	3	19
13 Buhmann, Matt	11	Elk River*		17.12	NWI	3	18
14 Yang, Jason	10	Park Center		17.15	NWI	2	17
15 Rader, Christopher	11	Coon Rapids		17.93	NWI	3	16
16 Musa, Mubarik	9	Park Center		18.09	NWI	1	15
17 Greenberg, Nolan	10	Anoka		18.75	NWI	2	14
18 Alexander, Jay	9	Champlin Park		18.81	NWI	2	13
19 Kauppi, Mitchell	11	St. Francis		19.09	NWI	1	12
20 Cleveland, Phillip	12	Champlin Park		19.12	NWI	4	11
21 Kleba, Jonathan	10	Coon Rapids		19.29	NWI	1	10
22 Foley, Alexander	11	St. Francis		19.48	NWI	4	9
23 Schmidt, Colin	12	St Michael-Alber		19.93	NWI	3	8
24 Zaiger, Baxter	9	St Michael-Alber		20.05	NWI	1	7
25 Yang, Nhia	10	St. Francis		20.15	NWI	2	6
26 Thielen, Ryan	11	Maple Grove		20.62	NWI	1	5
27 Oludayo, Daniel	11	Champlin Park		21.53	NWI	3	4
28 Erickson, Luke	11	Maple Grove		22.05	NWI	2	3

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 300 Meter Hurdles Class AAA

Name	Year	School	Seed	Finals	H#	Points
1 Boye-Weah, Snonsio	12	Park Center		37.99	4	30
2 Djerf, Nick	12	Osseo		40.10	4	29
3 Maloney, Ryan	12	Elk River*		40.71	3	28
4 Yseth, Gavin	12	St. Francis		41.20	4	27
5 Budish, Dave	12	Andover		41.30	4	26
6 Schneider, Jason	11	Andover		41.70	1	25
7 Baret, Derek	12	Andover		41.89	2	24
8 Myren, Lance	12	Anoka		42.97	4	23
9 Browne, Whitney	12	Osseo		42.98	3	22
10 Hansen, Zachary	12	Coon Rapids		43.44	3	21
11 Buhmann, Matt	11	Elk River*		43.49	2	20
12 Rice, Mark	11	Maple Grove		43.51	3	19
13 Rader, Christopher	11	Coon Rapids		43.73	4	18
14 Greenberg, Nolan	10	Anoka		44.64	3	17
15 Yang, Jason	10	Park Center		44.80	2	16
16 Ablamunets, Andrey	12	Maple Grove		45.13	2	15
17 Alexander, Jay	9	Champlin Park		45.34	4	13.50
17 Schuldt, Ben	12	Anoka		45.34	1	13.50
19 Peterson, Tim	10	Elk River*		45.51	1	12
20 Jacox-Mann, Arnytt	9	Osseo		46.38	1	11
21 Marsh, Taylor	11	St Michael-Alber		46.41	3	10
22 Hagerty, Ryan	12	St Michael-Alber		46.63	2	9
23 Cleveland, Phillip	12	Champlin Park		46.73	2	8
24 Lindsay, Daniel	11	Maple Grove		46.91	1	7
25 Foley, Alexander	11	St. Francis		47.41	3	6
26 Musa, Mubarik	9	Park Center		47.61	4	5
27 Colegrove, Dallin	10	St Michael-Alber		48.48	1	4
28 Yang, James	11	St. Francis		48.70	2	3
29 Jesmire, Kristian	10	Coon Rapids		48.98	1	2
30 Segal, Nathaniel	10	Champlin Park		50.31	1	1

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 4x100 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Andover 'A'		43.10	1	40
2 Osseo 'A'		44.21	1	36
3 Anoka 'A'		44.63	1	32
4 Champlin Park 'A'		44.98	1	28
5 Coon Rapids 'A'		45.52	1	24
6 St. Michael-Albertville 'A'		45.67	2	20
7 Maple Grove 'A'		46.05	1	16
8 St. Francis 'A'		46.73	2	12
9 Park Center 'A'		47.20	1	8
10 Elk River* 'A'		47.52	1	4

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 4x200 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Coon Rapids 'A'		1:32.28	1	40
2 Osseo 'A'		1:32.94	1	36
3 Andover 'A'		1:33.75	1	32
4 St. Francis 'A'		1:34.01	2	28
5 Maple Grove 'A'		1:34.11	1	24
6 Park Center 'A'		1:34.81	1	20
7 Anoka 'A'		1:34.95	1	16
8 Champlin Park 'A'		1:35.45	1	12
9 St. Michael-Albertville 'A'		1:36.41	2	8
10 Elk River* 'A'		1:41.62	1	4

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 4x400 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Osseo 'A'		3:30.27	1	40
2 Maple Grove 'A'		3:32.40	1	36
3 Andover 'A'		3:33.71	1	32
4 Coon Rapids 'A'		3:35.94	1	28
5 Park Center 'A'		3:36.51	1	24
6 Elk River* 'A'		3:38.78	1	20
7 Anoka 'A'		3:40.98	1	16
8 St. Michael-Albertville 'A'		3:41.91	2	12
9 Champlin Park 'A'		3:42.28	1	8

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 4x800 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 St. Michael-Albertville 'A'		8:18.20	2	40
2 Maple Grove 'A'		8:25.70	1	36
3 Coon Rapids 'A'		8:32.30	1	32
4 Andover 'A'		8:36.30	1	28
5 Anoka 'A'		8:38.10	1	24
6 Champlin Park 'A'		8:57.90	1	20
7 St. Francis 'A'		8:59.40	2	16
8 Osseo 'A'		9:04.80	1	12
9 Park Center 'A'		9:15.50	1	8
10 Elk River* 'A'		9:18.20	1	4

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys High Jump Class AAA

Name	Year	School	Seed	Finals	Points
1 Ekpo, Eyo	12	Andover		6-02.00	30
2 Moore, Ian	12	Anoka		6-00.00	27.50
2 Mbali, Alex	10	Maple Grove		6-00.00	27.50
2 Schaaf, Darik	10	Coon Rapids		6-00.00	27.50
2 Hastings, Matt	11	Anoka		6-00.00	27.50
6 Boye-Weah, Snonsio	12	Park Center		5-10.00	22.50
6 Backous, Jerrick	11	Andover		5-10.00	22.50
6 Broman, Dan	12	Maple Grove		5-10.00	22.50
6 Djerf, Nick	12	Osseo		5-10.00	22.50
6 Berger, Taylor	11	Elk River*		5-10.00	22.50
6 Khieu, Randy	12	Champlin Park		5-10.00	22.50
12 Doran, Chris	12	Andover		5-08.00	17
12 Sonnefeld, Joe	10	Osseo		5-08.00	17
12 Buhmann, Matt	11	Elk River*		5-08.00	17
12 Carpenter, Joe	10	St Michael-Alber		5-08.00	17
12 Dixon, Emmitt	10	Osseo		5-08.00	17
17 Yseth, Gavin	12	St. Francis		5-06.00	13.50
17 Sylvers, David	11	Anoka		5-06.00	13.50
19 Monkam, Kevin	11	Park Center		5-04.00	10
19 Hoff, Phillip	10	Elk River*		5-04.00	10
19 Palmer, Oscar	10	Maple Grove		5-04.00	10
19 Chretien, Brandon	11	St Michael-Alber		5-04.00	10
19 McKeon, Adam	11	Champlin Park		5-04.00	10
24 Autio, Jake	11	St Michael-Alber		5-02.00	7
25 Musa, Mubarik	9	Park Center		5-00.00	5
25 Hansen, Zachary	12	Coon Rapids		5-00.00	5
25 Rios, Jared	9	Champlin Park		5-00.00	5

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys Pole Vault Class AAA

Name	Year	School	Seed	Finals	Points
1 Schuette, Shaise	12	St. Francis		14-03.00	30
2 Owens, Joshua	12	Champlin Park		14-00.00	29
3 Sluis, Christopher	12	Anoka		13-06.00	28
4 Capman, Joe	12	Anoka		12-00.00	27
5 Backous, Jerrick	11	Andover		J12-00.00	26
6 Newton, Chase	12	Osseo		11-06.00	25
7 Zachmann, Evan	12	St Michael-Alber		J11-06.00	24
8 Kuha, Brandon	11	Andover		10-06.00	23
9 Smulka, Andy	12	Andover		J10-06.00	22
10 Cardinal, Garrett	12	Champlin Park		10-00.00	21
11 Ruble, Paul	11	St. Francis		J10-00.00	20
12 Hale, Timothy	10	St. Francis		J10-00.00	19
13 Burkland, Clay	11	Elk River*		9-06.00	18
14 Hendrick, Alex	10	Coon Rapids		J9-06.00	17
15 Schmidt, Connor	9	St Michael-Alber		9-00.00	16
16 Weigel, Austin	8	Maple Grove		J9-00.00	15
17 Agamawi, unus	10	Maple Grove		8-00.00	12.50
17 Gmandique, Josue	10	Park Center		8-00.00	12.50
17 Crowley, Jacob	12	Champlin Park		8-00.00	12.50
17 Boggs, Eric	11	Anoka		8-00.00	12.50
21 Williams, Donovan	12	Elk River*		J8-00.00	8.50
21 Rosenbloom, Donyale	10	Park Center		J8-00.00	8.50
21 Phenow, Charlie	11	Osseo		J8-00.00	8.50
21 Metz, Zach	12	St Michael-Alber		J8-00.00	8.50

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys Long Jump Class AAA

Name	Year	School	Seed	Finals	Wind	Points
1 Khieu, Randy	12	Champlin Park		22-11.00	NWI	30
2 Ekpo, Eyo	12	Andover		22-00.50	NWI	29
3 Boye-Weah, Snonsio	12	Park Center		22-00.00	NWI	28
4 Conner, Sam	10	Osseo		20-10.50	NWI	27
5 Ondrey, Gabe	12	St. Francis		20-06.25	NWI	26
6 McKeon, Adam	11	Champlin Park		20-00.00	NWI	25
7 Carpenter, Joe	10	St Michael-Alber		19-06.50	NWI	24
8 Palmer, Oscar	10	Maple Grove		19-06.00	NWI	23
9 Crutch, DeShawn	9	Andover		19-05.00	NWI	22
10 Giple, Theo	12	St Michael-Alber		19-04.50	NWI	21
11 Wilson, Daniel	12	Anoka		19-04.00	NWI	19
11 Hintze, Michael	10	Park Center		19-04.00	NWI	19
11 Rademacher, Kyle	12	Andover		19-04.00	NWI	19
14 Amoako, Patrick	12	Osseo		18-11.50	NWI	17
15 Rice, Mark	11	Maple Grove		18-11.00	NWI	16
16 Ablamunets, Andrey	12	Maple Grove		18-09.25	NWI	15
17 Quiram, Charles	10	Elk River*		18-07.50	NWI	13.50
18 Zachmann, Evan	12	St Michael-Alber		J18-07.50	NWI	13.50
19 Schaaf, Darik	10	Coon Rapids		18-06.50	NWI	12
20 Sanchez, Emilio	10	Anoka		18-04.50	NWI	11
21 Bachler, Adam	10	Anoka		18-04.00	NWI	10
22 Rader, Christopher	11	Coon Rapids		18-00.75	NWI	9
23 Her, Tonny	12	Champlin Park		17-08.50	NWI	8
24 Williams, Donovan	12	Elk River*		17-04.75	NWI	7
25 Togba, Rundell	11	Osseo		17-03.25	NWI	6
26 Ricke, Kevin	12	Elk River*		16-11.50	NWI	5
27 Theus, Shaquille	9	Coon Rapids		16-02.50	NWI	4

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys Triple Jump Class AAA

Name	Year	School	Seed	Finals	Wind	Points
1 Ekpo, Eyo	12	Andover		44-11.50	NWI	30
2 Amoako, Patrick	12	Osseo		43-01.50	NWI	29
3 Wilson, Daniel	12	Anoka		41-11.50	NWI	28
4 Moore, Ian	12	Anoka		41-09.00	NWI	27
5 Rademacher, Kyle	12	Andover		41-06.50	NWI	26
6 Shaw, Jaunte	12	Park Center		41-00.00	NWI	25
7 Geier, Jeff	11	Andover		40-10.00	NWI	24
8 Carpenter, Joe	10	St Michael-Alber		40-08.00	NWI	23
9 Dowdy, Torren	11	Coon Rapids		40-03.00	NWI	22
10 Rice, Mark	11	Maple Grove		40-02.50	NWI	21
11 Hastings, Matt	11	Anoka		38-09.00	NWI	20
12 Rader, Christopher	11	Coon Rapids		38-03.50	NWI	19
13 Palmer, Oscar	10	Maple Grove		38-03.00	NWI	18
14 McKeon, Adam	11	Champlin Park		37-09.00	NWI	17
15 Dawson, Adam	12	Osseo		37-06.00	NWI	16
16 Quiram, Charles	10	Elk River*		37-00.00	NWI	15
17 Her, Tonny	12	Champlin Park		36-10.00	NWI	14
18 Lynn, Jordan	11	Park Center		36-08.00	NWI	13
19 Zachmann, Evan	12	St Michael-Alber		36-00.00	NWI	12
20 Givens, Quinten	11	Park Center		35-08.00	NWI	11
21 Ricke, Kevin	12	Elk River*		35-07.50	NWI	10
22 McConnell, Je'Bruan	12	Champlin Park		35-02.00	NWI	9
23 Butler, Mikhail	9	Coon Rapids		35-01.50	NWI	8
24 Erdahl, Dallas	10	Elk River*		34-07.00	NWI	7
25 Thunberg, Kirk	11	St. Francis		34-06.00	NWI	6
26 Chretien, Brandon	11	St Michael-Alber		34-03.00	NWI	5
27 Sutton, Jevell	9	Osseo		34-02.00	NWI	4
28 Malone, Christopher	11	Maple Grove		33-10.50	NWI	3

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys Shot Put Class AAA

Name	Year	School	Seed	Finals	Points
1 Thompson, Chad	11	Maple Grove		51-01.00	30
2 Anderson, Thomas	9	Andover		50-09.00	29
3 Mulrooney, Kyle	12	Andover		49-02.50	28
4 Egan, Thomas	11	Coon Rapids		48-00.50	27
5 Samuelson, Nicholas	11	Coon Rapids		47-04.50	26
6 Amoako, Patrick	12	Osseo		46-11.50	25
7 Johnson, Bryce	9	Champlin Park		45-10.00	24
8 Heidelberg, Justin	12	Park Center		45-02.00	23
9 Mestrich, Phil	12	Andover		45-01.50	22
10 Hixson, Brandon	11	Champlin Park		44-05.50	21
11 Blais, Nathan	12	Champlin Park		43-09.50	20
12 Grengs, Shawn	12	Osseo		43-02.50	19
13 Otto, Ross	11	Coon Rapids		42-06.00	18
14 Blahut, Christoph	12	Anoka		41-03.50	17
15 Day, Sam	11	Anoka		40-08.50	16
16 Sullivan, Joe	12	Anoka		39-11.50	15
17 Block, Doug	12	Park Center		39-10.00	14
18 Voss, Zach	11	St Michael-Alber		39-04.00	13
19 Flower, Don	12	Osseo		38-08.00	12
20 Haus, Nathan	11	St. Francis		38-06.50	11
21 Crotteau, Joshua	11	St. Francis		38-02.00	10
22 Smith, Nick	10	Elk River*		37-11.00	9
23 Graber, Michael	10	Elk River*		36-05.00	8
24 Brown, Jake	11	St Michael-Alber		36-04.00	7
25 Kircher, Benjamin	12	St. Francis		36-03.00	6
26 Wallace, Tony	12	St Michael-Alber		36-02.50	5
27 Neisen, Sam	11	Maple Grove		35-03.00	4
28 Jellum, Tyler	11	Park Center		35-02.50	3
29 Wiemann, Kyle	9	Elk River*		33-03.00	2
30 Bedford, Christopher	11	Maple Grove		33-01.50	1

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys Discus Throw Class AAA

Name	Year	School	Seed	Finals	Points
1 Lehman, Jonathan	12	Coon Rapids		170-10	30
2 Blais, Nathan	12	Champlin Park		150-09	29
3 Johnson, Bryce	9	Champlin Park		138-05	28
4 Harper, William	11	Coon Rapids		135-11	27
5 Otto, Ross	11	Coon Rapids		129-11	26
6 Heidelberg, Justin	12	Park Center		126-01	25
7 Grengs, Shawn	12	Osseo		122-01	24
8 Mulrooney, Kyle	12	Andover		J122-01	23
9 Marigi, Erick	11	Champlin Park		120-11	22
10 Thompson, Chad	11	Maple Grove		120-07	21
11 Anderson, Thomas	9	Andover		120-05	20
12 Mestrich, Phil	12	Andover		119-06	19
13 Neisen, Sam	11	Maple Grove		116-08	18
14 Block, Doug	12	Park Center		112-00	17
15 Dahl-Sparks, Derek	11	Anoka		111-04	16
16 Hollermann, Zac	12	St Michael-Alber		111-00	15
17 Wallace, Tony	12	St Michael-Alber		109-05	14
18 Abumayaleh, Mohammed	12	Anoka		105-10	13
19 Haus, Nathan	11	St. Francis		105-04	12
20 Olson, Evan	10	Elk River*		105-02	11
21 Kircher, Benjamin	12	St. Francis		105-01	10
22 Beard, James	10	Anoka		105-00	9
23 Crotteau, Joshua	11	St. Francis		99-11	8
24 Hegland, Lucas	11	St Michael-Alber		98-08	7
25 Laberda, Cody	12	Osseo		95-05	6
26 Jellum, Tyler	11	Park Center		90-09	5
27 Graber, Michael	10	Elk River*		90-01	4
28 Flower, Don	12	Osseo		87-07	3
29 Nerison, Grant	10	Maple Grove		85-00	2
30 Meyer, Conner	10	Elk River*		84-08	1

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Men 3200 Meter Run Class AAA

Name	Year	School	Seed	Finals	Points
1 Zutz, Adam	10	St. Francis		9:48.30	30
2 Eason, Ryan	12	Coon Rapids		9:52.50	29
3 Fenske, Andy	11	Park Center		9:52.80	28
4 Richards, Kyle	12	Champlin Park		10:07.70	27
5 Hartmann, Jeff	12	Osseo		10:09.60	26
6 Rose, John	11	Champlin Park		10:10.10	25
7 Mason, Jake	11	Osseo		10:11.90	24
8 Olson, Tyler	10	Maple Grove		10:12.80	23
9 Celis, Renzo	11	Anoka		10:14.10	22
10 Schmidt, Adam	12	Andover		10:15.40	21
11 Johanson, Peter	10	Anoka		10:18.30	20
12 Nielsen, Dan	10	Andover		10:21.30	19
13 Stevens, Tyler	11	Elk River*		10:23.30	18
14 Salonek, Carl	12	St Michael-Alber		10:24.40	17
15 Beyer, Matthew	12	Maple Grove		10:25.10	16
16 Handorff, Aaron	11	Andover		10:28.60	15
17 Hartmann, Brad	10	Osseo		10:30.30	14
18 Volk, Eric	12	Elk River*		10:34.90	13
19 Schroer, Sam	11	Anoka		10:51.20	12
20 Mann, Adam	10	Maple Grove		10:54.60	11
21 Phenegar, Caleb	12	Champlin Park		11:00.10	10
22 Nordahl, Mitchel	10	Elk River*		11:00.30	9
23 O'Grady, Timothy	12	Coon Rapids		11:11.90	8
24 Stocker, Luke	11	Coon Rapids		11:27.70	7
25 Nerdahl, Dan	12	St Michael-Alber		11:38.30	6
26 Hastings, Taylor	10	St Michael-Alber		11:44.90	5
27 Heimark, Drew	9	Park Center		12:15.90	4
28 Ehlert, Ben	9	Park Center		12:54.50	3

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Team Rankings - Through Event 35

Female Team Scores

Place	School		Points
1	Osseo	OSSE	1,098
2	Anoka	ANOK	948.50
3	Elk River	ELRI	859
4	Maple Grove	MAGR	836
5	Coon Rapids	CORA	769
6	Champlin Park	CHPA	709.50
7	Andover	ANDO	702
8	St. Francis	STFR	557.50
9	Park Center	PACE	436
10	St. Michael-Albertville	STMA	422.50
			<hr/>
Total			7,338.00

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Girls 100 Meter Dash Class AAA

Name	Year	School	Seed	Finals	Wind	H#	Points
Finals							
1 Lewis, Katelyn	11	Osseo		12.77	NWI	3	30
2 Schnittker, Laura	11	Maple Grove		12.88	NWI	4	29
3 Okonkwo, Chiamaka	12	Osseo		12.94	NWI	2	28
4 Hill, Melanie	9	Champlin Park		13.14	NWI	3	27
5 Okonkwo, Anuli	9	Osseo		13.18	NWI	4	26
6 Hickerson, Rochelle	10	Andover		13.21	NWI	4	25
7 Deroo, Jennifer	11	Anoka		13.25	NWI	4	24
8 Detloff, Dani	9	Elk River		13.34	NWI	3	23
9 Funfar, Shelby	10	Coon Rapids		13.55	NWI	4	22
10 Bredeson, Shelby	10	Andover		13.57	NWI	3	21
11 Nelson, Haley	8	Maple Grove		13.61	NWI	2	20
12 Ezell, Kierra	10	Maple Grove		13.62	NWI	1	19
13 Cooper, Rachel	11	Andover		13.63	NWI	1	18
14 Lynch, Brittany	12	St Michael-Alber		13.75	NWI	4	17
15 Robinson, Brianna	11	Park Center		13.78	NWI	4	16
16 Daulton, Kelsey	10	Elk River		13.84	NWI	2	15
17 Fitzsimmons, Sheri	11	Champlin Park		13.87	NWI	2	14
18 Johnson, Jaclyn	9	Champlin Park		13.89	NWI	1	13
19 Bednorz, Katlin	9	Anoka		13.94	NWI	3	12
20 Holden, Kaitlyn	12	Anoka		13.99	NWI	1	11
21 Nelson, Rachel	11	Coon Rapids		14.07	NWI	3	10
22 Detloff, Mollie	7	Elk River		14.09	NWI	1	9
23 Sellberg, Carly	10	Park Center		14.17	NWI	3	8
24 Gebers, Bekkah	11	Coon Rapids		14.36	NWI	1	7
25 Casey, Maggie	9	St Michael-Alber		14.37	NWI	2	6
26 Duresky, Kelsey	11	St. Francis		14.38	NWI	4	5
27 Jackson, Raven	8	Park Center		14.61	NWI	2	4
28 Mlsna, Nicole	8	St Michael-Alber		14.62	NWI	1	3
29 Burley, Katie	9	St. Francis		14.77	NWI	2	2
30 Schmoll, Kalynn	10	St. Francis		15.69	NWI	1	1

Girls 200 Meter Dash Class AAA

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Okonkwo, Anuli	9	Osseo		25.86	NWI	4	30
2 Lewis, Katelyn	11	Osseo		26.46	NWI	1	29
3 Berning, Kayla	12	Anoka		26.82	NWI	4	28
4 Jones, Kyanna	12	Osseo		26.87	NWI	3	27
5 Detloff, Dani	9	Elk River		26.89	NWI	4	26
6 Eason, Alana	12	Champlin Park		27.19	NWI	4	25
7 Nivala, Taylor	9	Andover		27.41	NWI	3	24
8 Daulton, Kelsey	10	Elk River		27.47	NWI	3	23
9 Metzger, Mayem	12	Coon Rapids		27.61	NWI	3	22
10 Funfar, Shelby	10	Coon Rapids		28.06	NWI	2	21
11 Richards, Diona	9	Andover		28.09	NWI	2	20
12 Fitzsimmons, Sheri	11	Champlin Park		28.15	NWI	2	18.50
12 Philips, Emily	10	Maple Grove		28.15	NWI	4	18.50
14 Johnson, Jaclyn	9	Champlin Park		28.23	NWI	1	17
15 Ewen, Alicia	11	St. Francis		28.32	NWI	4	16
16 Swanson, Linnea	11	Andover		28.40	NWI	1	15

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

...Girls 200 Meter Dash Class AAA

17	Clarke, Bridgett	10	Coon Rapids	28.43	NWI	1	14
18	Jacobs, Abby	9	Maple Grove	28.76	NWI	1	12.50
18	Isaacson, Abby	12	Maple Grove	28.76	NWI	2	12.50
20	Sollars, Sasha	11	Anoka	28.77	NWI	3	11
21	Edwards, Kelly	9	Elk River	28.89	NWI	2	10
22	Beaudry, Megan	12	St Michael-Alber	29.03	NWI	4	9
23	Bednorz, Katlin	9	Anoka	29.26	NWI	1	8
24	Krambeer, Mary	10	Park Center	29.66	NWI	2	7
25	Goude, Sam	12	St Michael-Alber	29.83	NWI	1	6
26	Silbernagel, Jaclyn	12	St Michael-Alber	29.94	NWI	3	5
27	Burley, Katie	9	St. Francis	30.59	NWI	2	4
28	Hunt, Mary	10	St. Francis	30.80	NWI	1	3

Girls 400 Meter Dash Class AAA

Name	Year	School	Seed	Finals	H#	Points
1	Davis, Sashanavian	10	Park Center	58.47	4	30
2	Eason, Alana	12	Champlin Park	58.74	4	29
3	Okonkwo, Anuli	9	Osseo	59.07	4	28
4	Jones, Kyanna	12	Osseo	1:00.65	3	27
5	Worthington, Kelly	11	St. Francis	1:00.74	4	26
6	Olson, Paige	10	Osseo	1:01.65	2	25
7	Weigel, Abbie	11	Maple Grove	1:02.38	4	24
8	Vermette, Sydney	11	Anoka	1:03.05	3	23
9	Corbin, Taylor	10	Maple Grove	1:03.62	2	22
10	Ferry, Christine	12	St Michael-Alber	1:03.78	4	21
11	Jones, Katelyn	9	Anoka	1:03.82	2	20
12	Hauptert, Mackenzie	11	Andover	1:04.34	4	19
13	Young, Malorie	11	Coon Rapids	1:04.44	4	18
14	Hill, Melanie	9	Champlin Park	1:04.92	3	17
15	Wallace, Tommaneka	9	Andover	1:05.12	3	16
16	Hayes, Megan	10	Coon Rapids	1:05.22	2	15
17	Esperum, Danielle	10	Elk River	1:05.25	3	14
18	Kettler, Mariah	9	Andover	1:05.47	1	13
19	Petrich, Cassey	9	Elk River	1:05.66	2	12
20	Moriarty, Cecilia	9	Champlin Park	1:05.70	1	11
21	Pipenhagen, Mary	10	Anoka	1:05.87	1	10
22	Craft, Melissa	10	St. Francis	1:05.95	3	9
23	Collins, Megan	9	Maple Grove	1:06.60	1	8
24	Barr, Maddie	8	St Michael-Alber	1:07.06	2	7
25	Weeks, Erin	11	Elk River	1:07.33	1	6
26	Luogon, Nehwoen	12	Park Center	1:08.13	2	5
27	Mueller, Steph	11	St. Francis	1:09.44	1	4
28	Gardner, Meghann	12	St Michael-Alber	1:11.47	1	3
29	Sundeen, Kayla	11	Coon Rapids	1:11.57	1	2
30	Wakayo, Yubo	9	Park Center	1:13.63	3	1

Girls 800 Meter Run Class AAA

Name	Year	School	Seed	Finals	H#	Points
1	Bates, Emma	11	Elk River	2:19.75	3	30
2	Engstron, Melissa	10	Coon Rapids	2:25.63	3	29

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

...Girls 800 Meter Run Class AAA

3 Biederman, Rachel	12 Maple Grove	2:26.16	3	28
4 Steinwand, Natalie	9 Andover	2:27.53	3	27
5 Bailey, Mikayla	9 Osseo	2:28.35	1	26
6 Hartmann, Heidi	9 Osseo	2:28.36	4	24.50
6 Robinson, Molly	10 Osseo	2:28.36	1	24.50
8 Kne, Alaina	10 St. Francis	2:29.23	4	23
9 Halfrich, Sara	7 Maple Grove	2:29.42	1	22
10 Huffman, Britta	11 Coon Rapids	2:31.09	1	21
11 Sjelín, Maddie	8 St Michael-Alber	2:31.50	4	20
12 Peters, Laura	12 Anoka	2:33.89	1	19
13 Hambleton, Jennifer	12 Anoka	2:34.10	4	18
14 Sawyer, Madison	12 Champlin Park	2:34.37	4	17
15 Gunderson, Rachel	7 Maple Grove	2:35.39	1	16
16 Dressen, Diana	10 St. Francis	2:35.66	1	15
17 Embury, Alana	9 Elk River	2:36.59	1	14
18 Ellefson, Brittni	10 Elk River	2:37.09	2	13
19 Nelson, Taylor	10 Anoka	2:37.26	2	12
20 Odden, Jonna	12 Coon Rapids	2:37.66	2	11
21 Mueller, Steph	11 St. Francis	2:42.43	2	10
22 Opat, Kacie	9 Park Center	2:44.58	4	9
23 Wald, Maria	10 Champlin Park	2:45.43	2	8
24 Marquardt, Nicolette	11 Champlin Park	2:46.60	2	7
25 Horton, Bethany	11 Andover	2:46.87	2	6
26 Kessler, Emily	10 St Michael-Alber	2:47.40	2	5
27 Hatch, Lindsey	10 St Michael-Alber	2:47.57	3	4
28 Clark, Paige	9 Andover	2:52.58	3	3
29 Peterson, Kelsey	11 Park Center	3:00.28	3	2
30 Erickson, Hannah	12 Park Center	3:14.40	3	1

Girls 1600 Meter Run Class AAA

Name	Year School	Seed	Finals	Points
1 Bates, Emma	11 Elk River		5:09.30	30
2 Sjostrom, Stephanie	12 Champlin Park		5:24.20	29
3 Shagen, Kaley	8 Osseo		5:26.40	28
4 Fritz, Katelyn	9 Anoka		5:26.80	27
5 Mead, Laura	10 Andover		5:28.50	26
6 Wojack, Alyssa	11 Coon Rapids		5:29.30	25
7 Guimont, Gabbi	8 Anoka		5:33.30	24
8 Rudin, Danielle	9 Maple Grove		5:33.50	23
9 Billett, Kayla	8 Anoka		5:38.10	22
10 Bjustrom, Molly	10 Maple Grove		5:39.40	21
11 Keller, Helena	12 Elk River		5:40.40	20
12 Haskins, Danielle	9 Andover		5:42.00	19
13 Sawyer, Madison	12 Champlin Park		5:45.30	18
14 McCullough, Kellie	11 Osseo		5:46.20	17
15 Haugen, Anna	8 Elk River		5:46.60	16
16 Kapphahn, Natalie	11 Champlin Park		5:46.80	15
17 O'Hotto, Rebecca	7 St. Francis		5:47.70	14
18 Sjelín, Maddie	8 St Michael-Alber		5:48.10	13
19 White, Susan	11 Osseo		5:51.30	12
20 Robillard, Danielle	10 Coon Rapids		5:51.60	11
21 Dahlquist, Laura	12 Coon Rapids		5:53.30	10

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

...Girls 1600 Meter Run Class AAA

22	Anderson, Catherine	12	Maple Grove	5:57.70	9
23	Johnson, Briana	12	St. Francis	6:09.60	8
24	Hinkemeyer, Beth	8	St Michael-Alber	6:14.20	7
25	Young, Maddie	7	St Michael-Alber	6:16.70	6
26	Tonn, Gina	11	Park Center	6:50.50	5
27	McCaskel, Angel	9	Park Center	7:08.30	4
28	Erickson, Hannah	12	Park Center	7:16.50	3

Girls 3200 Meter Run Class AAA

Name	Year	School	Seed	Finals	Points
1 Johnson, Kayla	11	St. Francis		11:29.60	30
2 Sjostrom, Stephanie	12	Champlin Park		11:43.20	29
3 Soli, Cassidy	8	Champlin Park		11:45.70	28
4 Shagen, Kaley	8	Osseo		11:50.60	27
5 Guimont, Gabbi	8	Anoka		12:00.90	26
6 Fritz, Katelyn	9	Anoka		12:06.09	25
7 Martens, Karissa	10	Coon Rapids		12:06.90	24
8 Aarons, Miranda	10	Maple Grove		12:13.01	23
9 Billett, Kayla	8	Anoka		12:20.30	22
10 Keller, Helena	12	Elk River		12:25.70	21
11 Crepeau, Renee	12	Elk River		12:29.60	20
12 Yovetich, Marissa	11	Andover		12:36.10	19
13 Ewing, Kristina	12	Osseo		12:36.80	18
14 Richter, Becca	11	Osseo		12:38.90	17
15 O'Hotto, Rebecca	7	St. Francis		12:40.02	16
16 Mead, Elise	12	Andover		12:49.50	15
17 Janasz, Victoria	11	Elk River		12:49.80	14
18 Johnson, Kayla	11	Coon Rapids		12:53.90	13
19 Waananen, Amy	10	Maple Grove		12:54.03	12
20 Schlitter, Mari	12	Champlin Park		13:07.40	11
21 Burmeister, Grace	10	Maple Grove		13:20.09	10
22 Gair, Anne	11	Coon Rapids		13:25.30	9
23 Johnson, Briana	12	St. Francis		13:32.90	8
24 Lundstrom, Dani	9	Park Center		13:57.10	7
25 Metzger, Renae	9	Park Center		13:57.50	6

Girls 100 Meter Hurdles Class AAA

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Okonkwo, Chiamaka	12	Osseo		15.50	NWI	4	30
2 Schnittker, Laura	11	Maple Grove		16.17	NWI	3	29
3 Maciej, Michelle	12	Elk River		16.53	NWI	4	28
4 Prouty, Keisha	11	Anoka		17.10	NWI	4	27
5 Evanson, Olivia	10	Maple Grove		17.20	NWI	1	26
6 Horton, Ashley	11	Elk River		17.54	NWI	1	25
7 Smith, Lashonte	9	Osseo		17.64	NWI	2	24
8 Sohns, Jordyn	8	Elk River		17.94	NWI	3	23
9 House, Madison	10	Maple Grove		18.04	NWI	2	22
10 Denler, Melissa	11	Champlin Park		18.13	NWI	4	21
11 Reff, Haidee	10	Andover		18.27	NWI	4	20
12 Gonsales, Jenny	12	St. Francis		18.30	NWI	4	19

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

...Girls 100 Meter Hurdles Class AAA

13 Metzger, Mayem	12 Coon Rapids	18.33	NWI	4	18
14 Rodman, Shauna	10 Anoka	18.44	NWI	2	17
15 Abbott, Nicole	9 Anoka	18.47	NWI	3	16
16 Lu, Tina	9 Coon Rapids	18.64	NWI	3	15
17 Johnson, Emma	9 Coon Rapids	18.71	NWI	1	14
18 Ekman, Sarah	9 Andover	18.84	NWI	1	13
19 Boone, Brianna	10 Osseo	19.08	NWI	1	12
20 Pelant, Emily	10 St Michael-Alber	19.11	NWI	3	11
21 Schuering, Kierstin	10 St. Francis	19.21	NWI	1	10
22 Reynoldson, Katie	10 Andover	19.54	NWI	2	9
23 Olsen, Hanna	11 St. Francis	19.64	NWI	2	8
24 Hill, Jalen	11 Champlin Park	19.74	NWI	3	7
25 Whitehead, Taylor	10 Champlin Park	19.87	NWI	2	6
26 Woodis, Courtney	8 St Michael-Alber	20.48	NWI	1	5
27 Wakayo, Yubo	9 Park Center	22.25	NWI	1	4
28 Byrd, Tiffany	9 Park Center	23.11	NWI	2	3

Girls 300 Meter Hurdles Class AAA

Name	Year School	Seed	Finals	H#	Points
1 Okonkwo, Chiamaka	12 Osseo		45.91	4	30
2 Hooker, Breanna	11 Park Center		47.41	4	29
3 Prouty, Keisha	11 Anoka		48.41	4	28
4 Lu, Tina	9 Coon Rapids		49.83	3	27
5 Reff, Haidee	10 Andover		50.24	4	26
6 House, Madison	10 Maple Grove		50.49	2	25
7 Rodman, Shauna	10 Anoka		50.80	3	24
8 Smith, Lashonte	9 Osseo		50.92	1	23
9 Evanson, Olivia	10 Maple Grove		50.99	1	22
10 Gonsales, Jenny	12 St. Francis		51.31	4	21
11 Hertz, Hope	11 Elk River		51.37	3	20
12 Eder, Kelsey	12 Osseo		51.43	3	19
13 Sohns, Jordyn	8 Elk River		51.49	2	18
14 Sollars, Sasha	11 Anoka		51.59	1	17
15 Johnson, Emma	9 Coon Rapids		51.65	4	16
16 Denler, Melissa	11 Champlin Park		52.31	4	15
17 Pelant, Emily	10 St Michael-Alber		52.62	2	14
18 Ekman, Sarah	9 Andover		52.95	1	13
19 Carpenter, Morgan	9 Elk River		53.02	1	12
20 Reynoldson, Katie	10 Andover		53.06	2	11
21 Herman, Kaley	10 Champlin Park		53.32	1	10
22 Volk, Christine	10 Champlin Park		53.66	2	9
23 Fogelman, Nicole	12 St. Francis		54.94	3	8
24 Skogland, Kayla	10 St. Francis		55.66	2	7
25 Christianson, Nicole	9 Coon Rapids		55.89	1	6
26 Byrd, Tiffany	9 Park Center		58.36	2	5
27 Woodis, Courtney	8 St Michael-Alber		1:08.20	1	4

Girls 4x100 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Osseo 'A'		50.60	1	40

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

....Girls 4x100 Meter Relay Class AAA

2 Anoka 'A'	50.62	1	36
3 Elk River 'A'	50.77	1	32
4 Andover 'A'	51.05	1	28
5 Maple Grove 'A'	52.03	1	24
6 Coon Rapids 'A'	53.47	1	20
7 Champlin Park 'A'	53.97	1	16
8 Park Center 'A'	54.45	1	12
9 St. Michael-Albertville 'A'	55.22	2	8
10 St. Francis 'A'	56.32	2	4

Girls 4x200 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Anoka 'A'		1:46.17	1	40
2 Park Center 'A'		1:47.21	1	36
3 Coon Rapids 'A'		1:47.68	1	32
4 Osseo 'A'		1:48.01	1	28
5 Andover 'A'		1:49.85	1	24
6 St. Francis 'A'		1:50.51	2	20
7 Elk River 'A'		1:50.82	1	16
8 Maple Grove 'A'		1:51.82	1	12
9 Champlin Park 'A'		1:54.02	1	8
10 St. Michael-Albertville 'A'		1:57.89	2	4

Girls 4x400 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Maple Grove 'A'		4:08.00	1	40
2 Osseo 'A'		4:12.77	1	36
3 Andover 'A'		4:15.98	1	32
4 Elk River 'A'		4:16.11	1	28
5 Coon Rapids 'A'		4:17.71	1	24
6 Anoka 'A'		4:18.98	1	20
7 St. Michael-Albertville 'A'		4:20.65	2	16
8 Park Center 'A'		4:21.68	1	12
9 Champlin Park 'A'		4:29.46	1	8
-- St. Francis 'A'		NT	2	

Girls 4x800 Meter Relay Class AAA

School	Seed	Finals	H#	Points
1 Maple Grove 'A'		9:53.50	1	40
2 Osseo 'A'		9:54.50	1	36
3 St. Francis 'A'		9:57.30	2	32
4 Anoka 'A'		10:04.30	1	28
5 Coon Rapids 'A'		10:05.10	1	24
6 Elk River 'A'		10:25.50	1	20
7 Park Center 'A'		10:53.50	1	16
8 Champlin Park 'A'		11:06.90	1	12
9 Andover 'A'		11:09.90	1	8
10 St. Michael-Albertville 'A'		11:42.30	2	4

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Girls High Jump Class AAA

Name	Year	School	Seed	Finals	Points
1 Rafferty, Sara	11	Coon Rapids		5-02.00	30
2 Miedtke, Katie	11	Osseo		5-00.00	29
3 Sawyer, Jenna	12	Champlin Park		4-10.00	28
4 Bakke, Allison	11	Osseo		J4-10.00	27
5 Clarke, Bridgett	10	Coon Rapids		J4-10.00	26
6 McNallan, Jenna	11	Andover		J4-10.00	24.50
6 Johnson, Jaclyn	9	Champlin Park		J4-10.00	24.50
8 Seba, Colleen	9	Osseo		J4-10.00	23
9 Isaacson, Abby	12	Maple Grove		4-08.00	22
10 Daulton, Kelsey	10	Elk River		J4-08.00	21
11 Kurtovich, Maggie	9	Andover		J4-08.00	19.50
11 Hambleton, Jennifer	12	Anoka		J4-08.00	19.50
13 Buyse, Emily	11	Anoka		4-06.00	17.50
13 Christensen, Katie	11	Anoka		4-06.00	17.50
15 O'Neil, Marie	12	St Michael-Alber		J4-06.00	15.50
15 Ordner, Madison	8	Maple Grove		J4-06.00	15.50
17 Thurmes, Andrea	12	St Michael-Alber		4-04.00	14
18 Loberg, Kelli	10	Elk River		J4-04.00	13
19 Schiltz, Megan	9	Elk River		J4-04.00	12
20 Olarinde, Olakemi	12	Park Center		J4-04.00	11
21 Mogensen, Amanda	10	St. Francis		4-02.00	8.50
21 Hunt, Mary	10	St. Francis		4-02.00	8.50
21 Olzenak, Kelly	8	Maple Grove		4-02.00	8.50
21 Dormanen, Kasey	9	Coon Rapids		4-02.00	8.50
25 Terhark, Jennifer	11	Champlin Park		J4-02.00	6
26 Barringer, Elise	12	St. Francis		4-00.00	4.50
26 Clover, Sara	10	St Michael-Alber		4-00.00	4.50

Girls Pole Vault Class AAA

Name	Year	School	Seed	Finals	Points
1 Sporlein, Joleen	12	St. Francis		10-00.00	30
2 McNallan, Jenna	11	Andover		9-06.00	27
2 Haas, Breanna	11	Coon Rapids		9-06.00	27
4 Braaten, Annie	11	St. Francis		J9-06.00	27
5 Bednarz, Layni	10	Elk River		J9-06.00	27
6 Berning, Kayla	12	Anoka		J9-06.00	27
7 Johnson, Emmy	12	St Michael-Alber		9-00.00	24
8 Crepeau, Laura	9	Elk River		8-06.00	23
9 Vincent, Nicole	11	St. Francis		8.00	19
9 Gillberg, Mollie	10	Coon Rapids		8.00	19
11 Holden, Kaitlyn	12	Anoka		J8.00	19
12 Funfar, Shelby	10	Coon Rapids		J8.00	19
13 Polverari, Grace	10	Andover		J8.00	19
13 Burton, Katherine	11	Champlin Park		J8.00	19
15 Kackman, Kellee	12	Anoka		J8.00	19
16 Sanborn, Hannah	12	Maple Grove		7.50	14
17 Pream-Anderson, Alicia	11	Coon Rapids		xJ7.50	
18 Skaja, Taylor	10	Andover		J7.50	14
19 Okuneye, Victoria	12	Champlin Park		6.50	8.50
19 Lokkesmoe, Paige	11	Maple Grove		6.50	8.50

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

....Girls Pole Vault Class AAA

19 Salo, Hannah	11 Park Center	6.50	8.50
19 Hingos, steph	11 Maple Grove	6.50	14
19 Parisian, Shelby	11 Osseo	6.50	8.50
19 Drake, Alex	12 Champlin Park	J6.50	8.50
25 Nelson, Nicolete	10 Park Center	J6.50	8.50
26 Westrum, Stephanie	10 St Michael-Alber	J6.50	8.50
26 Thompson, Margaret	12 Osseo	J6.50	8.50

Girls Long Jump Class AAA

Name	Year School	Seed	Finals	Wind	Points
1 Maciej, Michelle	12 Elk River		16-09.25	NWI	30
2 Schnittker, Laura	11 Maple Grove		16-07.00	NWI	29
3 Davis, Sashanavian	10 Park Center		16-05.00	NWI	28
4 Hickerson, Rochelle	10 Andover		J16-05.00	NWI	27
5 Prouty, Keisha	11 Anoka		16-04.25	NWI	26
6 Funfar, Shelby	10 Coon Rapids		16-03.50	NWI	25
7 Carroll, Ellyn	11 Osseo		15-11.00	NWI	24
8 Hooker, Breanna	11 Park Center		15-10.50	NWI	23
9 Deroo, Jennifer	11 Anoka		15-08.00	NWI	22
10 Miedtke, Katie	11 Osseo		J15-08.00	NWI	21
11 Johnson, Jaclyn	9 Champlin Park		J15-08.00	NWI	20
12 Sorenson, Keelie	11 Park Center		15-05.25	NWI	19
13 Pett, Amanda	11 St. Francis		15-02.50	NWI	18
14 Lewis, Katelyn	11 Osseo		J15-02.50	NWI	17
15 Hill, Melanie	9 Champlin Park		15-00.50	NWI	16
16 Detloff, Dani	9 Elk River		14-11.50	NWI	15
17 Kurtovich, Maggie	9 Andover		14-11.25	NWI	14
18 Lavrenz, Emily	8 St Michael-Alber		14-09.50	NWI	13
19 Ewen, Alicia	11 St. Francis		14-09.25	NWI	12
20 Pappas, Stepany	10 Maple Grove		14-09.00	NWI	11
21 Gebers, Bekkah	11 Coon Rapids		14-08.75	NWI	10
22 Sollars, Sasha	11 Anoka		14-04.75	NWI	9
23 Beaudry, Megan	12 St Michael-Alber		14-00.75	NWI	8
24 House, Madison	10 Maple Grove		J14-00.75	NWI	7
25 Marvin, Amanda	10 Champlin Park		14-00.25	NWI	6
26 Reynoldson, Katie	10 Andover		13-11.00	NWI	5
27 Hunt, Mary	10 St. Francis		13-09.75	NWI	4
28 Hannan, Alison	10 Elk River		13-01.75	NWI	3
29 Christianson, Nicole	9 Coon Rapids		13-01.50	NWI	2
30 Gullickson, Jenna	12 St Michael-Alber		12-06.50	NWI	1

Girls Triple Jump Class AAA

Name	Year School	Seed	Finals	Wind	Points
1 Maciej, Michelle	12 Elk River		37-00.50	NWI	30
2 Arogbokun, Olufunmilayo	9 Osseo		33-03.50	NWI	29
3 Pett, Amanda	11 St. Francis		32-06.50	NWI	28
4 Sorenson, Keelie	11 Park Center		32-00.50	NWI	27
5 House, Madison	10 Maple Grove		31-09.50	NWI	26
6 Abbott, Nicole	9 Anoka		31-08.00	NWI	25
7 Carroll, Ellyn	11 Osseo		31-07.00	NWI	24

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

....Girls Triple Jump Class AAA

8 Harris, Voneshia	10 Osseo	31-05.50	NWI	23
9 O'Neil, Marie	12 St Michael-Alber	31-02.00	NWI	22
10 Rodman, Shauna	10 Anoka	31-00.50	NWI	21
11 McDonald, Megan	12 Andover	30-11.50	NWI	20
12 Hertz, Hope	11 Elk River	30-10.50	NWI	19
13 Clarke, Bridgett	10 Coon Rapids	30-09.50	NWI	18
14 Pappas, Stepany	10 Maple Grove	30-07.50	NWI	17
15 Gebers, Bekkah	11 Coon Rapids	30-06.50	NWI	16
16 Dolge, Kelsey	11 St Michael-Alber	30-01.50	NWI	15
17 Sellberg, Carly	10 Park Center	29-11.00	NWI	14
18 Jamus, Subah	10 Andover	29-10.00	NWI	13
19 McLain, Mollie	9 Elk River	J29-10.00	NWI	12
20 Reynoldson, Katie	10 Andover	29-09.50	NWI	11
21 Luogon, Nehwoen	12 Park Center	29-08.00	NWI	10
22 Terhark, Jennifer	11 Champlin Park	29-05.50	NWI	9
23 Pelant, Emily	10 St Michael-Alber	29-03.00	NWI	8
24 Korsah, Georgia	10 Coon Rapids	28-09.50	NWI	6.50
24 Marvin, Amanda	10 Champlin Park	28-09.50	NWI	6.50
26 Doeway, Unis	11 Osseo	x28-07.50	NWI	
27 Peterson, Emily	9 Anoka	28-04.50	NWI	5
28 Anderson, Rachelann	12 Maple Grove	28-03.50	NWI	4
29 Krautkremer, Kelsey	10 Champlin Park	26-11.00	NWI	3
30 Barrett, Liz	11 St. Francis	26-01.50	NWI	2

Girls Shot Put Class AAA

Name	Year School	Seed	Finals	Points
1 Lesser, Emily	11 Maple Grove		41-08.00	30
2 Ewen, Maggie	8 St. Francis		36-08.00	29
3 Sarazine, Stephanie	12 Anoka		36-07.50	28
4 Ford, Emily	11 Osseo		36-06.00	27
5 Michael, Labrisha	10 Osseo		36-04.00	26
6 Lorge, Ashley	11 Anoka		35-03.00	25
7 Markfort, Stephanie	11 Coon Rapids		34-09.00	24
8 Bydlon, Alycia	12 St Michael-Alber		34-00.50	23
9 Riggle, Amber	11 Osseo		33-10.50	22
10 Williams, Sarah	12 Elk River		33-10.00	21
11 Thurmes, Amanda	12 St Michael-Alber		33-09.50	20
12 Olarinde, Olakemi	12 Park Center		33-05.00	19
13 Nwalkolo, Nkemdilim	9 Champlin Park		32-11.50	18
14 Skobel, Brittany	12 Anoka		32-08.50	17
15 Kuntz, Alyson	10 Champlin Park		31-03.00	16
16 Kath, Renee	11 Coon Rapids		31-00.00	15
17 Thorndal, Nicole	10 Elk River		30-11.50	14
18 Andrews, Julia	9 Coon Rapids		30-04.00	13
19 Giple, Bibi	12 St Michael-Alber		29-09.50	12
20 Struck, Sarah	11 Champlin Park		29-07.00	11
21 Gaffer, Rebecca	12 Maple Grove		29-03.50	10
22 Zapzalka, Peyton	9 Andover		29-02.00	9
23 Detloff, Molli	7 Elk River		29-01.50	8
24 Keith, Maya	12 Park Center		28-06.00	7
25 Ford, Brittany	12 Andover		27-11.50	6
26 Hicks, Katie	11 St. Francis		27-09.00	5

Section 4AAA True Team - 5/5/2009

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St Michael-Albertville HS

Results

....Girls Shot Put Class AAA

27 Richter, Kendra	10 Park Center	27-01.50	4
28 McCall, Courtney	11 Andover	26-01.00	3
29 Glime, Marina	9 Maple Grove	22-01.00	2

Girls Discus Throw Class AAA

Name	Year School	Seed	Finals	Points
1 Ewen, Maggie	8 St. Francis		131-01	30
2 Lesser, Emily	11 Maple Grove		114-04	29
3 Thorndal, Nicole	10 Elk River		112-06	28
4 Fife, Jessica	11 Osseo		108-07	27
5 Scott, Taisha	11 Champlin Park		107-01	26
6 Ford, Emily	11 Osseo		106-00	25
7 Skobel, Brittany	12 Anoka		102-05	24
8 Williams, Sarah	12 Elk River		99-06	23
9 Detloff, Mollie	7 Elk River		98-05	22
10 Lorge, Ashley	11 Anoka		97-07	21
11 Nwankolo, Nkemdilim	9 Champlin Park		96-06	20
12 Kath, Renee	11 Coon Rapids		96-03	19
13 Struck, Sarah	11 Champlin Park		94-02	18
14 Norman, Jocelyn	12 Maple Grove		92-03	17
15 Thurmes, Andrea	12 St Michael-Alber		92-01	16
16 Michael, Labrisha	10 Osseo		90-01	15
17 Keith, Maya	12 Park Center		89-03	14
18 Richter, Kendra	10 Park Center		89-00	13
19 McCoy, Krissy	10 St Michael-Alber		88-04	12
20 Dahl, Tori	11 Anoka		87-01	11
21 Markfort, Stephanie	11 Coon Rapids		86-10	10
22 Ford, Brittany	12 Andover		81-05	9
23 Ende, Jill	10 St Michael-Alber		80-07	8
24 McCall, Courtney	11 Andover		80-00	7
25 Blake, Ali	11 St. Francis		79-03	6
26 Olarinde, Olakemi	12 Park Center		79-02	5
27 Peterson, Bethany	11 Andover		76-01	4
28 Lindahl, Adrienne	10 St. Francis		75-00	3
29 Glime, Marina	9 Maple Grove		73-11	2
30 Raile, Victoria	9 Coon Rapids		70-09	1

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Girls 4x400 Meter Relay Class AAA

School	Seed	Finals	H#	Points
Finals				
1 Maple Grove 'A'		4:08.00	1	40
2 Osseo 'A'		4:12.77	1	36
3 Andover 'A'		4:15.98	1	32
4 Elk River 'A'		4:16.11	1	28
5 Coon Rapids 'A'		4:17.71	1	24
6 Anoka 'A'		4:18.98	1	20
7 St. Michael-Albertville 'A'		4:20.65	2	16
8 Park Center 'A'		4:21.68	1	12
9 Champlin Park 'A'		4:29.46	1	8
-- St. Francis 'A'		NT	2	